



We have put together some more activities that extend the topics we have already done.

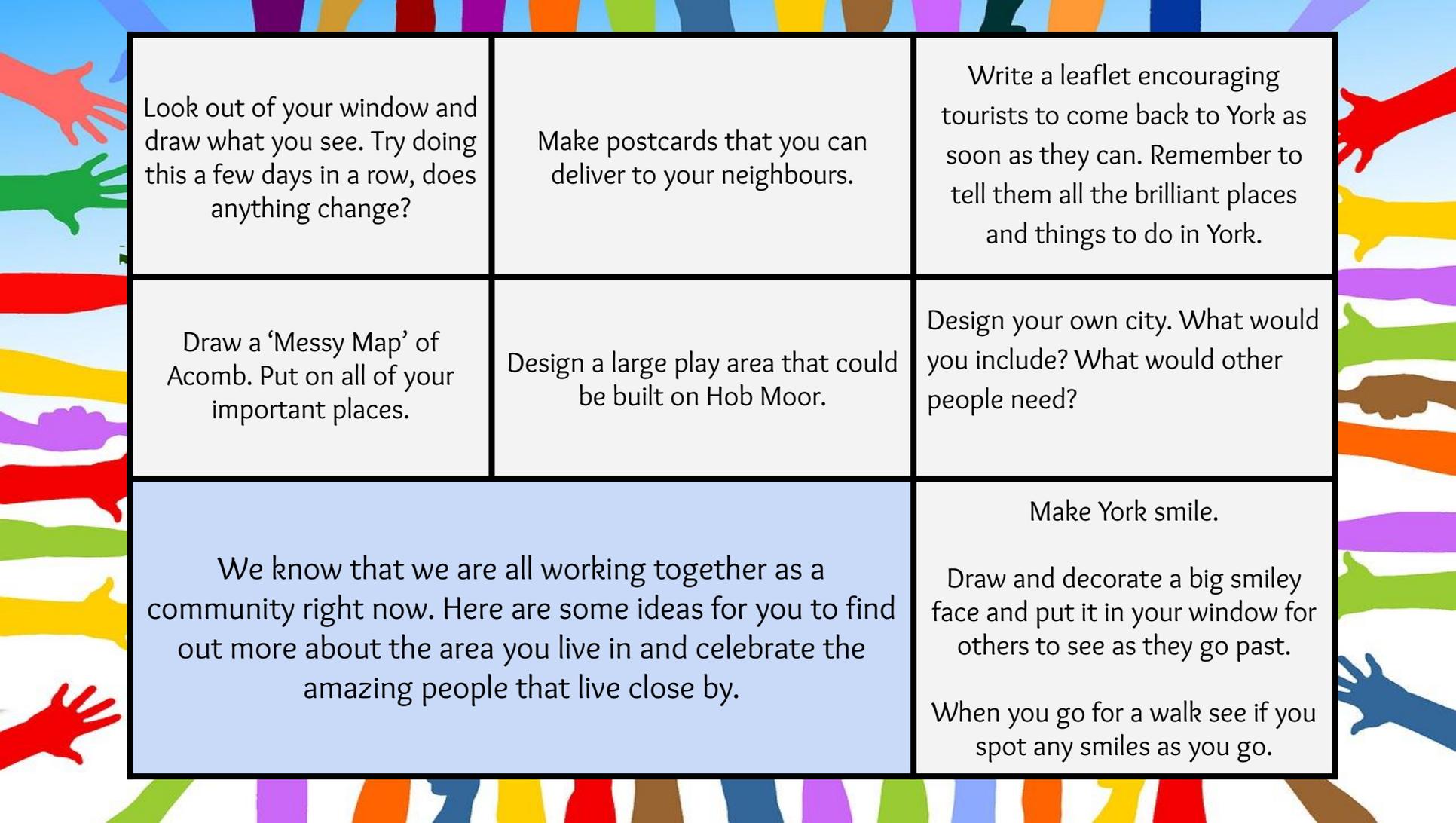


You can add your work to the slides below

They can upload photos or even create a video or just type straight onto a document.

Please show us what you have been up to!

Mr Willson, Miss George and Mr Hinde



Look out of your window and draw what you see. Try doing this a few days in a row, does anything change?

Make postcards that you can deliver to your neighbours.

Write a leaflet encouraging tourists to come back to York as soon as they can. Remember to tell them all the brilliant places and things to do in York.

Draw a 'Messy Map' of Acomb. Put on all of your important places.

Design a large play area that could be built on Hob Moor.

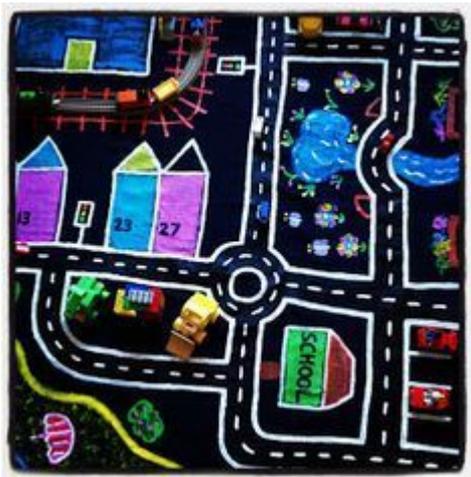
Design your own city. What would you include? What would other people need?

We know that we are all working together as a community right now. Here are some ideas for you to find out more about the area you live in and celebrate the amazing people that live close by.

Make York smile.

Draw and decorate a big smiley face and put it in your window for others to see as they go past.

When you go for a walk see if you spot any smiles as you go.





Write your name using the Viking Alphabet

Create top trump cards for the following Viking Gods;  
**Thor, Odin, Loki, Freyja**  
Rate on;  
**Kindness, Strength, Leadership and Mischief.**

Can you create a Viking shield with materials in your home?

Draw and label yourself as a Viking. Include weapons you might carry and clothes you would wear.  
**Axe, shield, helmet, Tunic, long dress. Or animal skin**

Draw and label your own longship

Can you make your own longship using materials in your house?

Can you create your own Viking Story with illustrations?  
(It can be a story or in a comic book style)

Draw your own Viking flag, include things that are important to you.

Can you create a song/poem about Vikings?

Design and create your own Viking sword.

1 2 3 4 5 6 7 8 9 10 11 12  
a b c d e f g h ij k l m

13 14 15 16 17 18 19 20 21 22 23  
n o p q r s t uvw x y z



**H**elpful  
**E**veryone  
**R**ight thing to do  
**O**ne in a million

Create an acrostic poem using the word hero.

Write a thank you letter to the doctors and nurses in the NHS

Draw yourself as a superhero.

What superpowers would you have?

It's time to start interviewing heroes. Write questions we would need to ask.

Can you create a recipe list for what makes a hero?

For example  
 2 cups of kindness,  
 500g of courage,  
 1 tablespoon of love

Create your own Superhero bookmark.

Name and draw your own hero. Write sentences explaining what makes them your hero.

*There are heroes around us. They can look like me and you. Here are some ideas to think about what a hero is and appreciate the people who help others in our world today,*

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ZUMBA  
kids

Dance your heart out with modeled moves and slick beats.

<https://family.gonoodle.com/channels/zumba-kids>

<https://www.youtube.com/watch?v=xj7TQ6xTjnU>

Fun HIIT Circuit for Kids

Choose 5 exercises. Can you do them for 30 seconds? Record your score over the week. Did your scores get better?

**Exercise Ideas:**

press ups, squats, star jumps, lunges, tuck jumps, sit ups, step ups, high knees or frog jump.

## SPRING YOGA



**I am the sun.**  
EXTENDED MOUNTAIN POSE



**I am a tree.**  
TREE POSE



**I am a flying bird.**  
WARRIOR 3 POSE



**I am the falling rain.**  
STANDING FORWARD BEND



**I am planting seeds.**  
SQUAT POSE

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Hold each pose for 10 seconds