

# PSHE Vocabulary progression

Hob Moor Community Primary Academy



To be reviewed July 2022



## Early Years Foundation Stage - Nursery and Reception

Below are the vocabulary lists for PSHE in this phase. These give an indication of the words that we want children to become familiar with. Words in bold are language we expect children to be familiar with and able to use in discussion by the end of the phase. Our vocabulary progression builds on the previous phase which will be developed and used in conjunction with the lists below.

### Relationships

**Family**, mum, dad, Stepmum, Stepdad, brother, sister, grandad, grandma, nan, cousins, home, **right**, **wrong**, friend, **happy**, **excited**, **sad**, **shy**, **angry**, **poorly**

### Living in the Wider World

Park, **home**, visit, **school**, holiday, tablet, **safe**, rules, **taking turns**,

### Health and Wellbeing

**Exercise**, wash, brush teeth, toothbrush, tooth paste, brush hair, wash, bath, **like**, **dislike**



## Key Stage One - Year 1 and Year 2

Below are the vocabulary lists for PSHE in this phase. These give an indication of the words that we want children to become familiar with. Words in bold are language we expect children to be familiar with and able to use in discussion by the end of the phase. Our vocabulary progression builds on the previous phase which will be developed and used in conjunction with the lists below.

### Relationships

**family, same, different, boy, girl, babies, male, female, friend,** new life cycle, birth, body parts, timeline, order, vagina, vula, penis, testicles, growing, **changing, special, different,** dilemma, responsibility, **challenge, unhelpful, helpful,** behaviour, problem, co-operative

### Living in the Wider World

**real, imaginary, danger, secret, trust,** good touch, bad touch, unsafe, **worried, private, community,** help, safety, emergency, safe, responsible, **rules,** hazards, road safety, fire safety, earn, win, find, presents, pocket money, **borrow,** benefits, save, **choices,** jobs, celebration, cultures, world, countries,

### Health and Wellbeing

harmful, **dangerous, feelings, medicine,** healthy, pharmacy, **doctor,** asthma, instructions, Feelings words, worried, excited, nervous, angry, **emotion,** loss, care, excluded, difficult, resolve, food, drink, active, protect, damage, sun, effect, games, special times, **healthy diet, oral health, physical activity,** active, sleep, vaccination, routine, hygiene, rest, routine



## Lower Key Stage Two - Year 3 and Year 4

Below are the vocabulary lists for PSHE in this phase. These give an indication of the words that we want children to become familiar with. Words in bold are language we expect children to be familiar with and able to use in discussion by the end of the phase. Our vocabulary progression builds on the previous phase which will be developed and used in conjunction with the lists below.

### Relationships

**baby, toddler, school aged, teenager, adult, elder,** age, difference, grow, change, emotions, **relationships,** , **falling out,** support, advice, culture, **gender,** personal interests, belief, **diverse,** respect, views, experiences, expectations, group, **democracy,** vote, election, influence, organisation, council, government, resources, **community,** British Values, customs, birthplace, extended families, citizen, etiquette, **stereotype, racism,** power, superiority, power, **empathy,** acceptance, courage, conflict

### Living in the Wider World

**Bullying, cyber bullying,** bystander, help, support, bully, cyber, **physical,** unkind, mental health, witness, age classification, computer game, pressure, choices, habits, gaming, **first aid,** help, police, fire brigade, ambulance, manufacture, pressure, decisions, value, spend, shift, full-time, part-time, paid, unpaid, **charity,** fundraise, community, saving, jobs, world of work, **occupation,** wage/salary, budget, **legal, illegal,**

### Health and Wellbeing

physical changes, **puberty,** reproduction, individual, menstruation, periods, wet dreams, relationship, sex cells, sperm, egg, **hygiene,** grooming, clean, strategies, anxious, **lifecycle, drug,** smoking, second hand smoke, smoke free, **harmful,** asthma, instructions, caffeine, alcohol, tobacco, nicotine, **risk,** habit, addiction, prescribed, heart, lungs, brain, stomach, **peer pressure,** medicine, behaviour, drug use, set-back, goals, positive, **influences,** brands, packaging, taste, cost, value, **role model,** qualities, religious diet, cultural diet, moral diet, ethical diet, fair trade, farming, seasonality, consumers, screen time, **health**



## Upper Key Stage Two - Year 5 and Year 6

Below are the vocabulary lists for PSHE in this phase. These give an indication of the words that we want children to become familiar with. Words in bold are language we expect children to be familiar with and able to use in discussion by the end of the phase. Our vocabulary progression builds on the previous phase which will be developed and used in conjunction with the lists below.

### Relationships

emotional, physical behavioural, **attitudes**, values, religion, **culture**, values, love, **responsibilities**, parents, skills, qualities, support, advice, **homophobic**, **sexist**, **disability**, **transphobic**, **discrimination**, role models, **prejudice**, antisocial, rights, responsibilities, **conflict**, lesbian, transgender, step-families, blended families, reflect, **respect**, names of religions, religions, gay, domestic violence, abuse, violence, problems,

### Living in the Wider World

homeless, **trustworthy**, pressure, peer mediator, risk, predict, potential, high/medium/low risk, assessing, **consequence**, **anti-social**, independent, gangs, youths, behaviour, protected Loans, credit cards, hire-purchase schemes, debt, manageable, unmanageable, **reliable**, enterprise, salary, careers

### Health and Wellbeing

reproductive organs, **conception**, pregnancy, womb, uterus, egg, ovum, **menstruation**, periods, contraception, **lifecycle**, roles, sex, cigarette, e-cigarette, shisha, cannabis, health, money, alcohol, tobacco, nicotine, media influence, **pressure**, choice, age restrictions, **substance**, medicine, legal, illegal, drugs, Ask Frank, effects, risks, prescribed, solvents, role models, advice, support, conflict, change, loss, grief, **bereavement**, misleading, marketing, consumers, **advertising**, role model, media, reality, **manipulate**,