

PSHE Vocabulary Progression

Hob Moor Community Primary Academy



Date: June 2022
Review date: June 2023



Early Years Foundation Stage - Nursery and Reception

Below are the vocabulary lists for PSHE in this phase. These give an indication of the words that we want children to become familiar with. Words in bold are language we expect children to be familiar with and able to use in discussion by the end of the phase. Our vocabulary progression builds on the previous phase which will be developed and used in conjunction with the lists below.

Relationships

Family, mum, dad, Stepmum, Stepdad, brother, sister, grandad, grandma, nan, cousins, home, **right**, **wrong**, friend, **happy**, **excited**, **sad**, **shy**, **angry**, **poorly**

Living in the Wider World

Park, **home**, visit, **school**, holiday, tablet, **safe**, rules, **taking turns**,

Health and Wellbeing

Exercise, wash, brush teeth, toothbrush, tooth paste, brush hair, wash, bath, **like**, **dislike**



Key Stage One - Year 1 and Year 2

Below are the vocabulary lists for PSHE in this phase. These give an indication of the words that we want children to become familiar with. Words in bold are language we expect children to be familiar with and able to use in discussion by the end of the phase. Our vocabulary progression builds on the previous phase which will be developed and used in conjunction with the lists below.

Relationships

family, same, different, boy, girl, babies, male, female, friend, new life cycle, birth, **body parts**, timeline, order, **vagina, vulva, penis, testicles**, growing, **changing, special, different**, dilemma, responsibility, **challenge, unhelpful, helpful**, behaviour, problem, co-operative, **consent**

Living in the Wider World

real, imaginary, danger, secret, trust, **good touch, bad touch**, unsafe, **worried, private, community**, help, safety, emergency, safe, responsible, **rules**, hazards, road safety, fire safety, earn, win, find, presents, pocket money, **borrow**, benefits, save, **choices**, jobs, celebration, cultures, world, countries, **online**

Health and Wellbeing

harmful, **dangerous, feelings, medicine**, healthy, pharmacy, **doctor**, asthma, instructions, Feelings words, worried, excited, nervous, angry, **emotion**, loss, care, excluded, difficult, resolve, food, drink, active, protect, damage, sun, effect, games, special times, **healthy diet, oral health, physical activity**, active, sleep, vaccination, routine, hygiene, rest, routine, **safe, unsafe, trusted adult**



Lower Key Stage Two - Year 3 and Year 4

Below are the vocabulary lists for PSHE in this phase. These give an indication of the words that we want children to become familiar with. Words in bold are language we expect children to be familiar with and able to use in discussion by the end of the phase. Our vocabulary progression builds on the previous phase which will be developed and used in conjunction with the lists below.

Relationships

baby, toddler, school aged, teenager, adult, elder, age, difference, grow, change, **emotions, relationships,** , **falling out,** support, advice, culture, **gender,** personal interests, belief, **diverse,** respect, views, experiences, expectations, group, **democracy,** vote, election, influence, organisation, council, government, resources, **community,** British Values, customs, birthplace, extended families, citizen, etiquette, **stereotype, racism,** power, superiority, power, **empathy,** acceptance, courage, conflict

Living in the Wider World

Bullying, cyber bullying, bystander, help, support, bully, cyber, **physical,** unkind, **mental health,** witness, age classification, computer game, pressure, choices, habits, gaming, **first aid,** help, police, fire brigade, ambulance, manufacture, pressure, decisions, value, spend, shift, full-time, part-time, paid, unpaid, **charity,** fundraise, community, saving, jobs, world of work, **occupation,** wage/salary, budget, **legal, illegal, risk**

Health and Wellbeing

physical changes, **puberty,** reproduction, individual, menstruation, periods, wet dreams, relationship, sex cells, sperm, egg, **hygiene,** grooming, clean, strategies, anxious, **lifecycle, drug,** smoking, second hand smoke, smoke free, **harmful,** asthma, instructions, caffeine, alcohol, tobacco, nicotine, **risk,** habit, addiction, prescribed, heart, lungs, brain, stomach, **peer pressure,** medicine, behaviour, drug use, set-back, goals, positive, **influences,** brands, packaging, taste, cost, value, **role model,** qualities, religious diet, cultural diet, moral diet, ethical diet, fair trade, farming, seasonality, consumers, screen time, **health**



Upper Key Stage Two - Year 5 and Year 6

Below are the vocabulary lists for PSHE in this phase. These give an indication of the words that we want children to become familiar with. Words in bold are language we expect children to be familiar with and able to use in discussion by the end of the phase. Our vocabulary progression builds on the previous phase which will be developed and used in conjunction with the lists below.

Relationships

emotional, physical behavioural, **attitudes**, values, religion, **culture**, values, love, **responsibilities**, parents, skills, qualities, support, advice, **homophobic**, **sexist**, **disability**, **transphobic**, **discrimination**, role models, **prejudice**, antisocial, rights, responsibilities, **conflict**, lesbian, transgender, step-families, blended families, reflect, **respect**, names of religions, religions, gay, domestic violence, abuse, violence, problems,

Living in the Wider World

homeless, **trustworthy**, pressure, peer mediator, risk, predict, potential, high/medium/low risk, assessing, **consequence**, **anti-social**, independent, gangs, youths, behaviour, protected Loans, credit cards, hire-purchase schemes, debt, manageable, unmanageable, **reliable**, enterprise, salary, careers

Health and Wellbeing

reproductive organs, **conception**, pregnancy, womb, uterus, egg, ovum, **menstruation**, periods, contraception, **lifecycle**, roles, sex, cigarette, e-cigarette, shisha, cannabis, health, money, alcohol, tobacco, nicotine, media influence, **pressure**, choice, age restrictions, **substance**, medicine, legal, illegal, drugs, Ask Frank, effects, risks, prescribed, solvents, role models, advice, support, conflict, change, loss, grief, **bereavement**, misleading, marketing, consumers, **advertising**, role model, media, reality, **manipulate**,