

HOB MOOR PRIMARY WELLBEING AND SAFEGUARDING NEWSLETTER

May 2023

If you would like to make an appointment with our Safeguarding, Wellbeing and Behaviour Lead, for guidance, advice, support or to discuss any concerns you may have, please email admin.hmp@ebor.academy or call 01904 806655

What is Early Help?

Every family has its ups and downs. Being a parent is hard work and there are no instructions. Sometimes, you or your children may need some extra support;

A Family Early Help Assessment (FEHA) can help you to recognise:

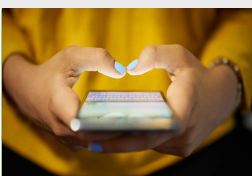
- What is going well for you and your family
- What you may need help with
- Who can help you



The assessment sits below support offered by children's social care and is led by you with a trusted trained professional you already know.

Early help at the right time will ensure that you get the support you need when you need it. If you think we can help you with this please don't hesitate to email Charlotte or call school to arrange a time to come in, we are also able to arrange a home visit if this is easier.

c.brady@ebor.academy 806655 <https://www.york.gov.uk/EarlyHelp>



Children accessing Social Media.

As a school, we are dealing with lots of friendship difficulties and unkind behaviour across the children's social media platforms.

Please continue to monitor what access your child has to, read up on the age limits of social media and triage the platforms your child use.

Children as young as age 5/6/7 who are in Key stage 1 have access to Tik Tok, snapchat, adults youtube and Whatsapp.

Below is a link to a video, which scarily evidences the impact social media can have on children.

<https://www.youtube.com/watch?v=6UY2HOpuTlk>

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog/managing-what-your-child-sees-online/>

<https://www.youtube.com/watch?v=YO6Ux7qfYXk>



The Internet is a relatively new resource, which has greatly enriched our lives, opening up new and exciting opportunities for learning and communicating around the world. However, the rate of technological advancement has been, and still is, phenomenal. Many professionals, parents and carers find themselves overwhelmed by these developments and, in many cases, the young people they work with, (and their own children) are streets ahead in their knowledge and use of this resource.

The Internet can contain material and websites that are inappropriate for children and young people; promote racial, or other hate ideologies; and, can also provide an opportunity for abusers to target, contact and ultimately abuse children and young people. It is important that professionals are aware of the dangers and are able to direct and support young people and their parents/carers in safe use of Internet based services.

Whilst using the Internet, it can be very easy to accidentally access websites with adult or illegal content. Also, there can be issues with “spamming”, where pop-up adverts or emails can be sent to your computer which are inappropriate for children

If you're stuck, not sure what to do, or if you're worried about your child, you can also contact THE NSPCC helpline to access trained [helpline counsellors](https://www.nspcc.org.uk/keeping-children-safe/online-safety/#guides) on 0808 800 5000.

A link below directs you to parent guides for online safety.

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/#guides>

Useful web links

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/parental-controls/>

Think U Know - a website aimed at children and young people provided by the Child Exploitation and Online Protection (CEOP) Centre. Contains very useful information about how to stay safe online.

Childline - a website run by the charity and sponsored by major UK children's charities aimed at parents and young people.

Net Aware - the NSPCC's guide to the social networks your kids use. Stay up to date and keep your child safe in today's digital world.

Childnet - an interactive safety programme website for schools, young people, parents and agencies.

Internet Watch Foundation - the UK hotline for reporting illegal Internet content.

Safekids - an internet safety resource for children.

Parent Info - provides up-to-date, expert information for parents on a range of concerns they may have about children and young people, which is designed for schools to post on their own website.

UK Safer Internet Centre

Talking with Kids About Being Online - This guide from the Federal Trade Commission covers issues to raise with kids about living their lives online

How to Keep your Children Safe Online - Here you will find internet safety tips, advice and